

SOY NOG

Serves 6

1 quart (1 liter) Vermont Soy Vanilla, Original or Unsweetened soymilk

1 12-oz. (340 g) pkg. soft or firm silken tofu

1/2 cup (180 ml) maple syrup

3/4 teaspoon ground cinnamon

1/2 teaspoon ground nutmeg

1/2 teaspoon ground cardamom

1/4 teaspoon ground cloves

1 teaspoon vanilla extract

1/4 cup alcohol of your choice (optional)

Combine all ingredients in a blender and blend for 2 minutes on low speed. Chill before serving.



www.VermontSoy.com